Castle View Primary Sports Funding expenditure



2021-2022

Our aims: To improve attention rates, reduce obesity, develop strong healthy life choices by providing a breadth of opportunities both within the school and out of the school day to support all aspects of physical education and develop access to sport provision for all pupils.

Actions identified for 2021-2022:

Key indicator : The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 60 minutes of physical activity a day (30 active minutes) in a school day.

Key indicator : Broader experience of a range of physical activities (including understanding of healthy life choices) sports and activities offered to all pupils

Key indicator : The profile of PE (both physical activity/ability and healthy lifestyle choices) and sport being raised across the school as a tool for whole school improvement

To ensure all children take part in at least 60 minutes of active physical activity each day in order to live and sustain healthy lifestyles by increasing physical activity across playtimes and lunchtimes, whole school Yoga teaching, and continuing to develop greater opportunities for 'real outdoor play' across school.

Enable children to make informed healthy food choices.

To engage pupils in a wider range of physical activities in the locality. To develop pupil's physical strength, resilience and core stability (all of which were affected during COVID-19)

To reduce the obesity rates of pupils across school.

To ensure pupils can swim at least 25m.

Key indicator : Increased participation in competitive sport

Work with other agencies to consider ways of enabling pupils to have access (even with lack of transport) to clubs and sporting events in the community.

Key indicator : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Develop staff's subject knowledge to ensure quality first teaching in PE (for those new to role) via working alongside sports specialists.

Aims: To ensure all children take part in at least 60 minutes of active physical activity each day in order to live and sustain healthy lifestyles by increasing physical activity across playtimes and lunchtimes, whole school Yoga teaching, and continuing to develop greater opportunities for 'real outdoor play' across school.

Enable children to make informed healthy food choices.

To reduce the obesity rates of pupils across school. To ensure pupils can swim at least 25m.						
Rationale	Action	Expenditure	Intended Impact			
Not all pupils take part in 60 minutes of active physical activity each day. Due to lockdowns pupils access to physical activity has decreased. Outside club closed and pupils were forced in to lockdown. National Health survey results: 25% of pupils in Reception and Year 6 (2018) were overweight or obese. National figure is 15% A review in 2019 and 2020 were not undertaken due to outside agencies working virtually.	Train all staff in 'Opal' outdoor play using recycled materials Autumn Term 2021 Train lunchtime and playtime staff in planning active exercise using zoning techniques. Sports leader in post for lunchtimes. Purchase a wide range of physical play equipment for both the playground and field.	£3,000 training £4,000 £2000 resources	Participation rates for physical activity All children participate in 60 minutes' There is a wide opportunity and choic during lunchtime and playtimes. Playtime and lunchtime provision is bu are encouraged and supported to eng physical activity. Playtime and luncht and deliver a wider range of physical g and encourage more children to by ph	physical activity each day. te to develop physical play road and balanced. Pupils gage in a wide range of ime staff are able to plan games/activities that inspire hysically active.		
The vast majority of children cannot swim 25m and have not had access to swimming lessons due to swimming pool closure. Additional swimming lessons for 2021/2022 are needed (above pupils core entitlement)	Swimming lessons for Y3/4s 30 minutes a week increased to 1 hour a week.	£2,700 (swimming lessons and transport)	All pupils are able to swim at least 25 m.			
The implementation of an outdoor adventure programme in 2021 saw a significant improvement in pupils' physical resilience and stamina. Pupils initially struggled to walk a mile and	Implement bespoke 20 week programme for Years 5 and 6. Pupils to have access to climbing, caving, canoeing, abseiling and rock scrambling.	Acclimbatize bespoke outdoor programme £10,000 Transport cost £1500	Pupils strength, resilience and core stability are increased. All pupils in Year 5 and 6 are able to walk 10 miles in a day.	All pupils have an appreciation of what physical exercise they can do within their locality.		

had gained weight following lockdowns.				Pupils are able to use the local environment to be physically active and are not limited by cost.
Research has found that the Forest School approach has had a positive impact on pupil's well-being, mental health and respect for the natural environment. In addition, it has improved their core strength, fine and gross motor skills. Attendance in 2020/2021 increased for all pupils on Forest School days.	Continue to offer Forest School sessions to all year groups from the Early Years to Year 4.	Staffing costs to deliver Forest Schools £3,800 (pupil premium funding). Training for Forest School Kindergarten OCN course. £2,000 (pupil premium funding allocated)	Pupils strength, resilience and core stability are increased and maintained. All pupils in Year 3 and 4 are able to walk 5 miles (1000 steps) in a day.	
To enable pupils to make informed healthy food choices for life.	Cookery enrichment delivered to Y3/4 children 360 programme delivered to Y5/6, Governors to implement healthy eating policy for lunchtimes – packed lunches. Training for parents to be offered to support healthy food choices.	£200 for resources Outside provider offers training for parents and carers. 6 week programme. £1000	Pupils know what a healthy balanced diet consists of. Lunchboxes are a healthy balance.	
	gencies to consider ways of enabling pupils t	o have access (e	ven with lack of transport) to	clubs and sporting
events in the communit Rationale	y. Action	Expenditure	Intended Impact	
To extend pupils physical activity beyond 60 minutes per day by inspiring them to try new sports and activities via wider opportunities.	Balance bike sessions for EYFS-JW to train EYFS staff (Spring 1) Implement Bike ability programme for Y5/6	Training costs £800.00 £500	Pupils have access to a wide range of sporting activities. Pupils are engaged and know about a broad range of physical activities that they can participate in (link to Forest Schools and Acclimbatize impact)	
To ensure pupils have greater opportunities to engage in physical activity throughout the year.	Attend Inter sport competitions and events through sports partnership package with 'Specialist Sports provider'. Dance, Archery, mini soccer, Tag Ruby, High 5 netball, Kwik Cricket, Tri Golf, Rounders.	£1,500 (Highfield's) package price. £1000 (transport costs)	Pupils are able to participate in both team and competitive sports.	

	Continue to support and deliver cluster events for pupils; Bunting Cup and South Peak Sports.	£3000 (staffing/cover cost) £1,000	
Raise the profile of PE and increased physical activity within the community.	Work with Derbyshire Dales – Active Dales to improve Physical Activity levels across the community. Parents 10 week after school community sessions (Spring 1 and 2)	£2 a week sessions subsidised by Derbyshire Dales. £400	The community access the provision and attendance is 20+.
Aim: Develop staff's sul specialists.	bject knowledge to ensure quality first teach	ing in PE (for tho	se new to role) via working alongside sports
Rationale	Action	Expenditure	Intended Impact
Quality first teaching across physical activity during lunch time and PE lessons will ensure maximum participation and fitness levels of all pupil's increase.	Continue to develop whole school staff's subject knowledge to ensure quality first teaching in PE and at lunchtime. Staff to assess fitness and ability levels of each sport at the beginning of each PE lesson (PBs recorded) and then repeated at the end of a unit of work. Progress measured by PBs. Review the current PE curriculum to ensure it is progressive and builds on pupils skills and knowledge of a wide range of physical activity.	£300 (staff release time to monitor the quality of the PE curriculum – complete deep dives).	New teacher to Y5/6 has greater subject knowledge. Pupils PBs and fitness levels increase. All PE lessons are high quality and ensure pupils have at least 45 minutes' active participation.
Discussions with pupils have shown that they have used Yoga techniques in the past to support their mental health and to help them manage stress or anxiety. Yoga has continued to take place during 2020/2021, but the teaching had to be adapted in line with COVID restrictions. A refresh of the whole school programme and training of new staff needs to be undertaken.	Review Yoga provision. Re-cap and train staff in the whole school approach.	Yoga training for staff new to school and role. £500	Daily yoga teaching improves pupils core stability and agility. Pupils are able to use Yoga to improve mental health and well- being.

Expenditure slightly above income – GAG used to fund additional costs. Balanced budget in place.