

WEEK 1

Monday

Spanish Chicken
Macaroni Cheese (V)
Served with Fluffy Rice,
Green Beans, Broccoli
Oat & Cinnamon Cookie
with Orange Slices

Tuesday

Beef Pasta Bolognaise
Vegetable Curry (V)
Served with Garlic Slice,
Sweetcorn, Garden Peas
Iced Sponge with Custard

Wednesday

Roasted Chicken with Gravy
Roasted Vegan Quorn Fillet
with Gravy (V)
Served with Roast Potatoes,
Broccoli, Carrots
Vanilla Ice Cream with Fresh Fruit

Thursday

Pork Sausages with Gravy
Quorn Vegan Sausage (VG)
Served with Mashed Potato
Green Beans, Carrots
Shortbread with Apple Slices

Friday

Battered Fish Fillet or Fish Fingers
Tomato and Cheese Pizza Pinwheel (V)
Served with Oven Chips, Garden Peas,
Baked Beans, Ketchup
Famous Fruity Friday

WEEK 2

Monday

Homemade BBQ Chicken
BBQ Vegetable & Mixed
Bean Wrap (V)
Served with Fluffy Rice,
Carrots, Sweetcorn
Flapjack with Orange Segments

Tuesday

Beef Burger
Vegetable Burger (V)
Served with Potato Wedges,
Garden Peas, Coleslaw
Jam Sponge served with Custard

Wednesday

Roasted Gammon with Gravy
Roasted Vegan Quorn Fillet
with Gravy (V)
Served with Roast Potatoes,
Broccoli, Carrots
Shortbread with Apple Slices

Thursday

Beef Lasagne
Vegetarian Lasagne (V)
Served with Garlic Slice,
Green Beans, Green Salad
Pineapple Upside Down
Cake with Custard

Friday

White Fish or Salmon Fish Fingers
Cheese and Tomato Pizza (V)
Served with Oven Chips,
Garden Peas, Baked Beans, Ketchup
Famous Fruity Friday

WEEK 3

Monday

Ham, Cheese and Tomato Pizza
Cheese & Tomato Pizza (V)
Served with Diced Potatoes,
Sweetcorn, Garden Peas
Chocolate Sponge served with Custard

Tuesday

Cottage Pie
Vegetarian Mince Cottage Pie (V)
Served with Carrots, Cabbage
Oat & Cinnamon Cookie

Wednesday

Roasted Chicken with Gravy
Roasted Vegan Quorn
Fillet with Gravy (V)
Served with Roast Potatoes,
Broccoli, Carrots
Banana Muffin

Thursday

Sausage & Tomato Pasta
Roast Vegetable Frittata (V)
Served with Warm Baguette Slice,
Sweetcorn, Garden Peas
Chocolate & Orange Shortbread
served with Apple Slices

Friday

Battered Fish Fillet or Fish Fingers
Vegetable Nuggets or
Vegetable Fingers (V)
Served with Oven Chips,
Garden Peas, Baked Beans, Ketchup
Famous Fruity Friday



AVAILABLE DAILY:
*Either Pasta with Tomato & Basil Sauce
or Jacket Potato topped with either Baked Beans,
Cheese or Tuna Mayonnaise*

*Choice of Sandwiches - Cheese, Ham,
Tuna Mayonnaise, or Egg Mayonnaise
Choice of Freshly Baked Bread, Fresh Salad Bar,
Fresh Fruit, Fruit Yoghurt, Fruit Jelly and water.*

